

## ***THE NEED FOR SPEED***

Classic car and bike owners feel “the need for speed”, but nowhere is speed more important than in recognizing the symptoms of stroke; and then one needs to *ACT FAST!* “Stroke Awareness” is the 2018 State Project selected by this year’s Missouri Association of Hospital Auxiliaries’ (MAHA) President. FAST refers to stroke warning signs: drooping/tingling FACE; weak/numb ARM; slurred SPEECH; and TIME to call 911 immediately.

Looking for a fun and unique fundraiser that would involve/educate the community and support the MAHA annual state project, CoxHealth auxiliarians and volunteers sponsored their second annual Classic Car and Bike Show on Saturday, June 16, 2018. The event was held on the Ferrell-Duncan Clinic campus directly across from Cox South Hospital. 60+ cars, trucks, and bikes were on display to the public; and trophies were awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners in stock and modified categories in each division, as well as to the coveted Overall Fan Favorite.

A hot, sunny day saw spectators and participants enjoying the many entries, a DJ playing tunes, performances by various music groups, visits with Super Heroes, a musical tribute by Elvis, and displays by the Patriot Guard Riders. Event sponsors and vendors manned tables displaying their goods and services, and food truck vendors provided tantalizing menus—and smells! The ice cream and shaved ice trucks became very popular as the day grew warmer!

Thanks to the success of the 2018 FAST event, \$10,000+ will be donated to the Ozarks Endowment Fund for Neurosciences and used for stroke education, community outreach, and improving the lives of individuals with neurological disorders and strokes. Last year’s event (our first), *RIDES FOR REHAB*, supported the state project of “Heart Health” and provided monies for cardiac patients’ rehabilitation and supplies.

“Kudos” to our auxiliary vice president who chairs the event committee made up of volunteers and auxiliarians. Our hospital leaders and staff strongly support the event—some even enter their own hot rods/custom classics! Local businesses provide support as sponsors and donate items for the entrants’ “goody bags.” We have committed ourselves to five years of shows and anticipate the event growing each year. We are thrilled to support our state auxiliary project while educating the public and promoting community health! Coming up with new fund raising ideas is not always easy, but we think we found a winner!



Margie Beadles  
AHVRP 2018 Volunteer Advisory Council (VAC)